



WALK ZEST FOUNDATION MEMBERS CODE OF CONDUCT

The Walk Zest Foundation (aka 'Walk Zest') is a network of individuals and groups who walk as a means to contribute towards lifestyle fitness, who network and leverage a common interest towards societal good deeds.

Members are asked to note and abide by the Code of Conduct points below.

1. Walk Zest is a non-faith and non-partisan members-only organization;
2. Abusive, disrespectful or discriminatory language between members is not allowed;
3. New joiners must register first in order to join the network. Only registered members can be added to the chat forums. The creation/launch of new chapters can only be actioned by the President, Vice President or the Fitness Officer.
4. New members are expected to acquire a Walk Zest t-shirt within 4 weeks of joining subject to stock availability;
5. Walk Zest member t-shirts should not be passed on to non-members (i.e. non-registered)
6. All members and officers must abide by all relevant sections set out in the constitution of the Walk Zest Foundation. Access the constitution here <http://wp.me/P7J8nt-ov>
7. The weekly chapter group walks are free to attend for all members. However, Walk Zest will have the discretion to charge for other activities outside the free group walks and will notify members with reasonable notice;
8. All member payments should be made when due.
9. **Communication on the Members Chat Platforms.** Members are to note that:



1. Postings on the general (network) chat platform should aim to stay relevant to the Walk Zest themes for lifestyle fitness: exercise, good nutrition and health awareness. These should be the main thrust of content posted by members.
2. Posting of pornographic, offensive or inappropriate content is NOT allowed;
10. The Walk Zest logo cannot be used without Governing Council approval;
11. Finance. Members must not seek funding or sponsorship (cash or kind) in the name of Walk Zest without Governing Council agreement;
12. Membership is open to all Nigerian-based individuals. Walk Zest is a supporter of all forms of exercise that promote a healthy lifestyle.
13. All photographs taken during Walk Zest activities can be used at the discretion of the association to promote the foundation's activities and brand.

FOR CHAPTER COORDINATORS & AMBASSADORS

1. A minimum of one coordinator must be present on each chapter walk;
2. A coordinator is the 'go-to' contact for their chapter members while ambassadors are the point of contact for their respective chapter coordinators;
3. Wearing of the Walk Zest t-shirt by coordinators and ambassadors on their chapter group walks is mandatory;
4. Coordinators are to monitor the content posted on their chapter chat forum;
5. Eligibility for the role of ambassador is three months membership minimum. There is no membership term for coordinators.



ACTIONS BY GOVERNING COUNCIL OR/AND BOARD OF TRUSTEES WHERE CODE OF CONDUCT HAS BEEN BREACHED:

1. Formal warning
2. Loss of member's privileges
3. Cancellation of membership

Kindly abide. Thank you.

With regards,

From the Governing Council Team, Walk Zest